

Information Pack



Yoga and mindfulness

Thank you for considering the Yogi Bees for your child during this term. Please read on to find out about us and how to register. Here's a quick overview of key information:

Location: Dubai British School Jumeira

Term 1 - 2024

Age Group: FS1, FS2 & Primary

About Us

A hub offers Yoga for schools for all ages. We focus on the mind-body-heart connection to foster social-emotional learning.

Our mission is to help kids everywhere grow healthier and happier for life! Our approach to children's wellness gives them freedom to express themselves naturally, and the variety of our content creates a fun and transformative experience from foundation to secondary years. This approach is to help children change the way they see themselves and leads to whole-child learning and development.

We accomplish this by teaching a mind, body, heart-centred, and socially directed curriculum. Our curriculum is designed to nurture each child's full human potential.

Bookings: To register, kindly email yogasabha@yahoo.com or WhatsApp 050 572 6791